

WELCOME TO *REFUGE DU LINDION*

Summer 2017 Youth Camp



Bienvenue!

Nestled in the heart of the French Alps, just outside the village of La Balme-de-Thuy, the Refuge du Lindion welcomes young adults from all over Europe for a summer of nature, learning, and unforgettable memories.

Once a mountain retreat, the Refuge has become a summer haven for creative, curious, and adventurous young people aged 18–23. Whether you're here for a break from studies, a new experience, or simply to enjoy nature and meet new friends—this summer is yours to shape.

About the Refuge

Location: La Balme-de-Thuy, Haute-Savoie, France

Altitude: ~900m

Surroundings: Pine forests, rivers, meadows, and mountains

Capacity: ~26 campers + 6 staff

Refuge du Lindion is built around an old stone hunting lodge, with multiple buildings including:

- **Main Lodge:** Dormitories, dining hall, common room
- **The Chalet:** A rustic overflow dorm and activity space
- **Multipurpose Shed:** Indoor games, small events
- **Sanitary Block:** Shared showers and restrooms
- **Counselor Cabin:** Staff quarters and supplies
- **Outdoor Areas:** Firepit, sports field, forest trails



Daily Life at Camp

Each day brings a mix of structured and free-time activities. While not mandatory, we encourage all campers to participate and make the most of their stay.

Sample Activities:

- Hiking in the surrounding hills
- Outdoor team games (volleyball, football, etc.)
- Stargazing nights
- Forest survival basics
- Arts & crafts with natural materials
- Campfire storytelling

There are also planned day excursions, weather permitting—including a visit to the nearby **Château de Thorens** and a gentle river hike.

Curfew is at **23:00**, with quiet hours observed after lights-out. Phones may be used freely, but reception may vary depending on location.

What's Nearby?

La Forge (Hamlet): A small village about an hour's walk from the camp. Known for its farmstead, seasonal market, and friendly locals.

Thuy-les-Bains: The nearest proper town. Hosts a bakery, small grocery shop, post office, and the only decent Wi-Fi spot this side of the ridge.

Natural Landmarks:

- **La Paroi du Silence:** Sheer climbing cliff known for its silence
- **Les Roches Crochues:** Odd rock formations in the forest
- **Hidden Waterfall Trail:** Unmarked path, locals say it's worth it



Who's at Camp?

Your fellow campers come from all across Europe and all walks of life. Some are here on scholarships, others by recommendation or family arrangement. What unites everyone is the desire for something... different.

Our staff is here to support, guide, and sometimes challenge you:

- **Fabien & Adèle** (Directors)
- **Malik & Anaïs** (Counselors)
- **Mireille** (Camp Nurse)
- **Nico** (Chef Extraordinaire)
- **Jo** (Groundskeeper)
- **Sacha** (Junior Counselor)

They're friendly, experienced, and just as ready to enjoy the summer as you are.

What to Bring

- Sleeping bag, towel, toiletries
- Weather-appropriate clothes (it can get cold at night!)
- Reusable water bottle
- Flashlight or headlamp
- Hiking shoes or boots
- Notebook, pen, small daypack
- Personal medications (must be disclosed to the nurse)

Phones, cameras, books, and personal comfort items are allowed, but campers are responsible for their belongings.



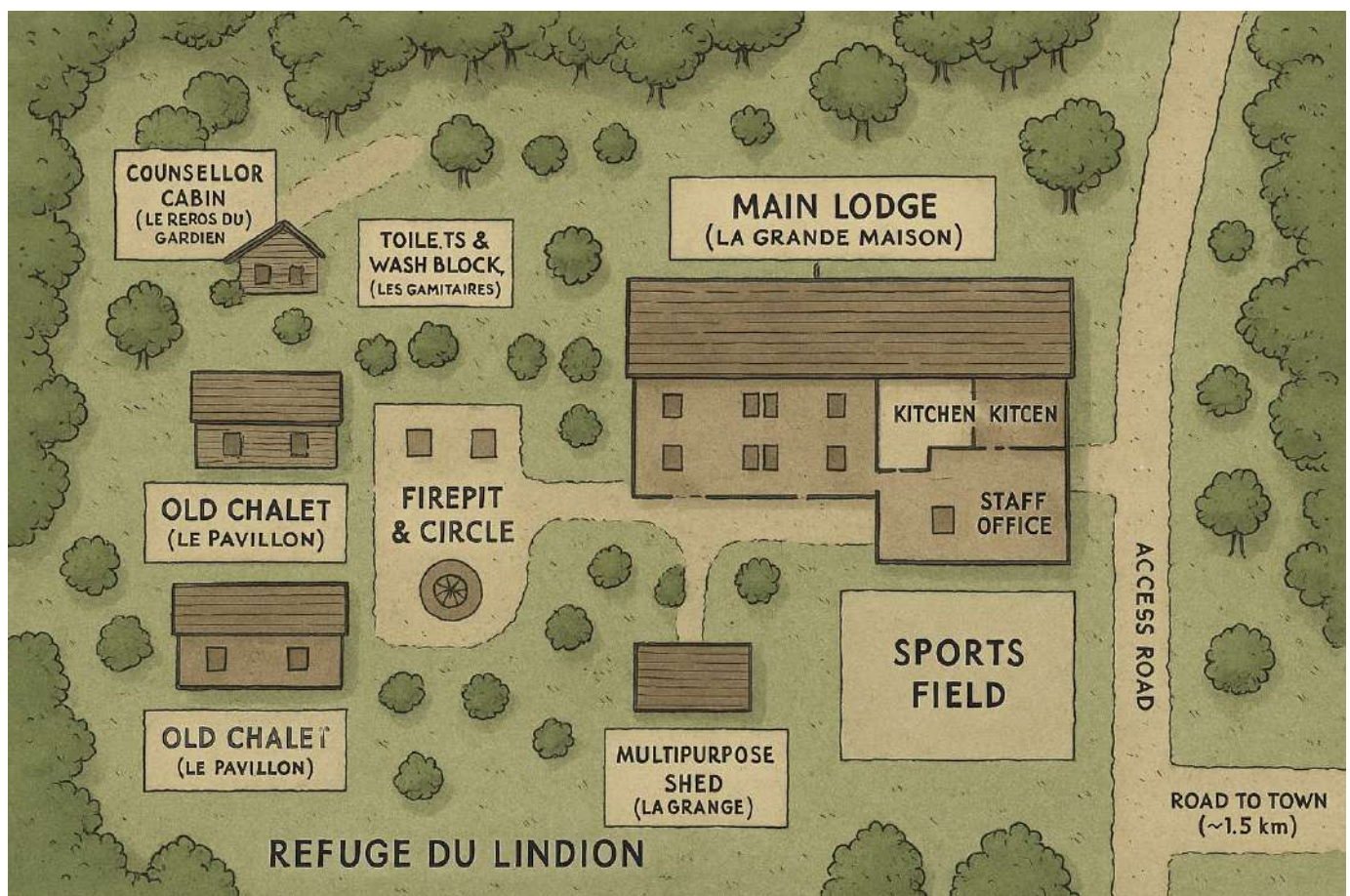
Camp Guidelines

- Respect your fellow campers and staff
- Stay within designated camp boundaries unless on supervised activity
- Alcohol and illicit substances are prohibited
- Report injuries or incidents to a staff member immediately
- Be mindful of fire safety at all times

This is your summer—safe, fun, and unforgettable.

See You in the Mountains!

Whether you're here for the friendships, the forest, or just a break from the noise of the world, we're thrilled to welcome you to Refuge du Lindion.



“Silence, stars, and stories—what will yours be?”

